

Appetizers & Beverages

In addition to the units' selected appetizer, units receive the following:

Daisy, Brownie and Younger Boy Units

2 lg. cans frozen lemonades	2 sticks of butter
2 loaves of French bread	

Junior, Older Girl and Middle/Older Boy Units

3 lg. frozen lemonades	3 sticks of butter
3 loaves of French bread	

Ants on a Log with Peanut Butter

1 bunch celery	1 jar peanut butter
1 lg. cucumber	1 cup raisins

Ants on a Log with Cream Cheese

1 bunch celery	1 pkg. cream cheese
1 lg. cucumber	1 cup raisins

Carrot Sticks with Ranch Dressing

2 lb. bag of carrots	1 bottle ranch dressing
1 lg. cucumber	

Salads

Fruit Salad

4 bananas	1 watermelon
4 peaches	

Green Salad

3 lettuce heads	3 tomatoes
2 lg. cucumbers	1 bottle ranch dressing

Main Meals

Baked Macaroni and Cheese

36 oz. elbow macaroni, cooked and drained	4 tsp. salt
1 ½ sticks butter	4 tsp. Worcestershire sauce
3 lbs. sharp cheddar cheese, shredded	3 cups milk
½ cup flour	Ground black pepper to taste

Beefy Rice Casserole One Pot

6 tbsp. cooking oil	2 tbsp. salt
5 lb. ground beef	1 tbsp. paprika
3 medium onions, chopped	1 ½ tsp ground black pepper
5 cloves garlic, chopped	1 tub sour cream
6 cans (10 ¾ oz.) condensed Cream of Mushroom soup	6 cups beef stock
4 cups milk	12 cups instant rice

Chicken Cheesy Bake

6 lbs. raw chicken tenders	3 medium onions, chopped
1 ½ lb. cheddar cheese, shredded	3 cups Bisquick
12 eggs	3 tsp. salt
6 tbs. cooking oil	6 cups milk

Chicken & Macaroni One Pot

4 medium onions, chopped	4 cans vegetable soup
6 lbs. frozen raw chicken tenders	8 cups water
32 oz. uncooked elbow macaroni	½ tsp. salt
4 cans of Cream of Chicken soup	1 tsp. ground black pepper
6 tbsp. cooking oil	

Mexican Lasagna Bake

6 lbs. ground beef OR 5 cans black beans	4 cans (16 oz.) tomato sauce
32 corn tortillas	4 tsp. seasoned salt
1 can (4 oz.) chopped green chilies	8 eggs
1 cup taco seasoning	2 cans (15 oz.) diced tomatoes
24 oz. Ricotta cheese	2.5 lbs. Monterey Jack cheese, shredded
6 tbsp. cooking oil	

Taco Mountain

6 lbs. ground beef	6 tbsp. cooking oil
1 cup taco seasoning	2 cans corn
4 cups water	2 cans (16 oz.) black beans
2 lbs. cheddar cheese, shredded	3 lbs. tortilla chips
2 heads lettuce, shredded	14 oz. ranch dressing
6 tomatoes, chopped	1 jar mild salsa
2 cans black olives	

Tex-Mex Rice Bowl

4 cups Instant Rice	3 tbsp. salt
4 cups water	5 cans (16 oz.) tomato sauce

Peninsula Day Camp
Staff Manual
Notes - Recipes & Ice Cream

4 cloves garlic, minced
4 medium onions, chopped
1 tsp. ground black pepper

6 lbs. ground beef
5 green bell peppers, sliced
¼ cup cooking oil

Veggie Stew One Pot

6 cans kidney beans, drained
6 yellow squash, sliced
6 cups chopped celery
6 cans (16 oz.) diced tomatoes
3 tsp. Italian seasoning
3 medium onions, chopped

3 bell peppers (2 green, 1 red), chopped
2 tsp. chopped basil
6 lg. zucchini, sliced
3 tsp. salt
3 tsp. cooking oil
3 tsp. sugar

Desserts

If a camper can't enjoy the unit's selected dessert due to dietary restrictions, headquarters will have Annie's Fruit Snacks

ChocoMallow Surprise Cake

2 pkg. white cake mix
2 ½ cup water
2/3 cup cooking oil

2 cups semi-sweet chocolate chips
2 cups mini marshmallows
6 eggs

Lemon Drizzle Cake

2 pkg. white cake mix
6 oz. lemon Jello
1 ½ cups cooking oil
1 ½ cups water
8 eggs

Drizzle Mix Ingredients:
2 cups powdered sugar
¼ cup lemon juice

Pineapple Upside Down Cake

2 pkg. white cake mix
1 lg. can pineapple slices
2/3 cup cooking oil
1 stick butter, melted

2 ½ cups water
1 cup brown sugar
1 jar maraschino cherries
6 eggs

Washington's Cherry Cobbler

2 cans cherry pie filling
¼ cup lemon juice
2 pkg. white cake mix

3 sticks butter, melted
1 tub Cool Whip

Breakfasts for Older Girls, AITs and Older Boys

In addition to the units' selected breakfast, units receive the following:

3 lg. frozen orange juices

25 packets of hot chocolate

Quesadillas

1 pkg. of 20 flour tortillas
1 pkg. of 32 corn tortillas

2.5 lbs. Monterey jack cheese, grated
2 lbs. ham, diced

Breakfast Burritos

1 pkg. of 20 flour tortillas
1 pkg. of 32 corn tortillas
32 eggs
Salt and ground black pepper

2 lbs. ham, diced
3 lbs. cheddar cheese, shredded
1 jar mild salsa

Pioneer French Toast per camper

2 slices of bread
2 eggs
½ tsp. cinnamon

1/3 cup milk
½ tsp. butter

Pioneer Wednesday Lunch and Thursday Lunches for Older Girls, AITs and Older Boy Units

Campers will have a selection of the following to make their own brownbag lunches for Wednesday and Thursday of the second week: deli (ham or turkey or salami) meat sandwiches, peanut butter and jelly sandwiches, cookies, oranges, chips and drinks.

All Camp Friday Morning Breakfast

3 lg. frozen orange juices
25 packets of hot chocolate
2 boxes cereal (regular and non-sugared)

2 gal. milk
Soy and almond

Pioneer Special Recipes for the First Overnight

Pistol Rock Chicken Over Pasta (serves 10 – 12)

10 chicken breasts
4 tbsp. cooking oil
4 cans (14 oz.) pasta sauce
12 mushrooms, sliced

¼ tsp. ground black pepper
1 tsp. garlic salt
1 ½ cups flour
1 ½ lbs. elbow pasta

Apple Pie

For each pie:
6 – 7 green apples (peeled & cut)
2 ready-made pie crust sheets
2 tbsp. butter
1 tsp. cooking oil
3 tbsp. lemon juice

2 tbsp. flour
½ cup sugar
½ cup brown sugar
1 tsp. cinnamon

Ice Cream Recipes

Vanilla

1 qt. whole milk	1 cup water
1 qt. half & half	½ cup egg substitute
1 cup sugar	½ tsp. salt
1 tsp. vanilla extract	1 lg. pkg. instant vanilla pudding mix

Chocolate Chip Ice Cream

1 qt. whole milk	½ tsp. salt
½ cup egg substitute	4 lg. cans evaporated milk
1 ½ cup sugar	1 pkg. (6 oz.) chocolate chips

Easy Sherbet

1 2-liter bottle of soda (orange or root beer) less 1 cup
2 lg. cans condensed milk