

# Menu for Choice Lunches

## WEEK ONE

### Monday

Drink: Apple Juice Box or 1% Milk  
Entrée: Oven-Baked Chicken Tenders (option 1)  
Cheese Pizza Pocket (option 2)  
BLT Caesar Salad (option 3)  
Side: Annie's Organic Cheddar Bunnies  
Fruit: Baby Carrots

### Tuesday

Drink: Apple Juice Box or 1% Milk  
Entrée: All-Natural Beef Hot Dog (option 1)  
Tofu Egg Fried Rice (option 2)  
Turkey Bacon Ranch Sandwich (option 3)  
Side: Pirate's Booty  
Fruit: Cantaloupe

### Wednesday

Drink: Apple Juice Box or 1% Milk  
Entrée: Five-Cheese Ravioli with Marinara (option 1)  
Five-Cheese Ravioli with Marinara (option 2)  
Chicken Caesar Salad (option 3)  
Side: Whole Grain Chocolate Chip Cookie  
Fruit: Orange Slices

### Thursday

Drink: Apple Juice Box or 1% Milk  
Entrée: Mac & Cheese (option 1)  
Mac & Cheese (option 2)  
Turkey and Cheese Sliders (option 3)  
Side: Annie's Organic Cheddar Bunnies  
Fruit: Organic Tomatoes

### Friday

Drink: Apple Juice Box or 1% Milk  
Entrée: Bean and Cheese Burrito (option 1)  
Bean and Cheese Burrito (option 2)  
Caprese Flatbread Wrap (option 3)  
Side: Pirate's Booty  
Fruit: Organic Gala Apple

# WEEK TWO

## Monday

Drink: Apple Juice Box or 1% Milk  
Entrée: Oven-Baked Chicken Tenders (option 1)  
Cheese Pizza Pocket (option 2)  
BLT Caesar Salad (option 3)  
Side: Whole Grain Chocolate Chip Cookie  
Fruit: Baby Carrots

## Tuesday

Drink: Apple Juice Box or 1% Milk  
Entrée: All-Natural Beef Hot Dog (option 1)  
Egg and Cheese Breakfast Burrito (option 2)  
Turkey Bacon Ranch Sandwich (option 3)  
Side: Annie's Organic Cheddar Bunnies  
Fruit: Cantaloupe

## Wednesday

Drink: Apple Juice Box or 1% Milk  
Entrée: Bean and Cheese Enchiladas (option 1)  
Bean and Cheese Enchiladas (option 2)  
Chicken Caesar Salad (option 3)  
Side: Pirate's Booty  
Fruit: Organic Tomatoes

## Thursday

Drink: Apple Juice Box or 1% Milk  
Entrée: All-American Angus Cheeseburger (option 1)  
Buttered Noodles (option 2)  
Turkey and Cheese Sliders (option 3)  
Side: Whole Grain Chocolate Chip Cookie  
Fruit: Orange Slices